

ADHD Symptom Inventory

Check the box that best describes your behavior over the past six months.

Inattention Symptoms		Not at all	Seldom	Often	Very Often
1.	fail to give close attention to details or make careless mistakes in schoolwork, work, or other activities				
2.	have difficulty sustaining attention in tasks				
3.	do not seem to listen when spoken to directly				
4.	do not follow through on instructions and fail to finish schoolwork, responsibilities, or duties in the workplace (not due to oppositional behavior or failure to understand)				
5.	have difficulty organizing tasks and activities				
6.	avoid, dislike, or am reluctant to engage in tasks that require sustained mental effort				
7.	lose things necessary for tasks or activities				
8.	am easily distracted by extraneous stimuli				
9.	am forgetful in daily activities				
Hyperactivity Symptoms		Not at all	Seldom	Often	Very Often
10.	fidget with hands or feet or squirm when seated				
11.	leave seat in situations in which staying seated is expected				
12.	feel restless				
13.	have difficulty engaging in leisure activities quietly				
14.	am “on the go” or often act as if “driven by a motor”				
15.	talk excessively				
Impulsivity Symptoms		Not at all	Seldom	Often	Very Often
16.	blurts out answers before questions are completed				
17.	have difficulty awaiting my turn				
18.	interrupt or intrude on others (e.g., butt into conversations or activities)				
Approximately when did you first notice the behaviors that occur often or very often?					
Do these symptoms impair your functioning in two or more settings? (Yes, No, DK)					
Where is their impairment? Family? School? Work? Social? (list all)					